Pre-Operative Medication Instructions

Date: _______________          [__] Copy given to patient

- **Aspirin 81 mg (Baby Aspirin)** can be taken through the day before surgery, then do not resume until 10 days after surgery unless otherwise specified

- **Aspirin 325 mg (Regular Aspirin)** and all **NSAID’s** (Advil, Aleve, Celebrex, Daypro, Feldene, Ibuprofen, Indocin, Lodine, Mobic, Motrin, Naprosyn, Voltaren and other similar pain medications) are to be **discontinued 2 weeks before surgery**

- **Steroids**: Prednisone, Oral Contraceptives (Birth Control Pills), Hormone Replacement Therapy (HRT), Progesterone or other hormone medications for PCOS, and Testosterone are to be **discontinued 2 weeks before surgery**

- **Beta blockers** (Atenolol, Coreg, Corgard, Inderol, Lopressor, Metoprolol, Nadolol, Pindolol, Propranolol, Tenormin, Toprol, Zebeta or other similar medications) are **to be taken early the morning of surgery with a small sip of water**

- **All other medications** are to be taken through the day before surgery, but not the morning of surgery unless otherwise specified

- **INSULIN**: 

<table>
<thead>
<tr>
<th>Medication</th>
<th>Discontinue two weeks before surgery</th>
<th>Take through the day before surgery</th>
<th>Take early in the morning of surgery</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bisoprolol</td>
<td>Start one month before surgery date</td>
<td>YES</td>
<td></td>
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</tbody>
</table>

Prescriptions given to patient: (To be started the day of hospital discharge)

[ ] Lortab elixir 15 - 30 ml every 4 hr as needed, 300 ml
[ ] Dilaudid 2 mg one or two every 4 hr as needed, # 40
[ ] Prilosec 20 mg daily for 3 months, # 90
[ ] Lovenox _______ mg subcutaneously every 12 hr for 28 days

Signature: